

Bondi Phoenix: Individual Team Selection

Full Rules netball 10+

The club policy for how many quarters a girl plays is determined by several factors:

1. How many players in a squad & how many of them attend on game day. If there are 10 players in their team:
 - a. If all 10 of them attend match day, this means that 2 players will need to be off for 2 quarters in that game, the other 8 players will each have 1 quarter off. The girls having the 2 quarters off should be rotated each week so that each player will have a game with 2 Qs off over the season.
 - b. If 9 players attend match day, 8 players will have 1 quarter off each and one player will play all 4 quarters (again this player should be rotated over the season).
 - c. If 8 players attend match day, 4 players will have 1 quarter off and 4 players will play the whole game.
2. The above arrangements take a long time to plan and can all be thrown into disarray when last minute injuries/illnesses happen or when players do not attend without notice at all or arrive late to matches. The quick decisions needed when this happens don't always end up with a fair decision as they have to be made so quickly.
3. With Covid still causing disruption to our everyday lives, we will expect that some games in the season will result in absences and players being expected to play full games and even fill in for other teams. We appreciate your flexibility.
4. If your team has 10 or 11 players, it means there have to be too many changes during the game to keep consistency. The coach will ask parents at the start of the season to nominate a weekend off giving you the freedom to have a weekend away or attend Nan's birthday without worrying about missing netball. If you do not request a game off, a date will be allocated to you.
5. While we do our best to give players the opportunity to play in their preferred positions, our experienced coaches might identify an opportunity for them to grow and develop in different positions. The great thing about netball is that all positions are crucial to the success of the team & no single position is more important than the other. It is important for all players to develop their skills so that they can improve all aspects of their game and contribute equally to the success of the team. We appreciate parents' support in encouraging their child to do their best wherever they are played.
6. Injuries during a game will, obviously, impact the best laid plans.
7. **Finals:** If the team plays well enough to reach the finals (including preliminary finals) of the season, each player will play at least 2 quarters. The rest of the team selection will be at the discretion of the coach and dependent on how well players are performing in the game.

NetSetGo (NSG)

NetSetGo players are expected to play all positions so that they learn all aspects of the game of netball. It can be very confusing changing positions too frequently, therefore, the club's policy is to rotate players over 3 weeks: shooting, mid-court & defence. E.g.

	Game 1	Game 2	Game 3
Player 1	Shoot	Mid	Defence
Player 2	Shoot	Mid	Defence
Player 3	Shoot	Mid	Defence
Player 4	Mid	Defence	Shoot
Player 5	Mid	Defence	Shoot
Player 6	Mid	Defence	Shoot
Player 7	Defence	Shoot	Mid
Player 8	Defence	Shoot	Mid
Player 9	Defence	Shoot	Mid

The above might also change slightly by having two weeks in each of the areas before rotating to allow players to spend longer getting to grips with that area of the court.

The above grid is only indicative and depending on absences & injuries as well as how many players in the squad.

Players will also take their share of time on the bench. Please read Point 1 of "Individual Team Selection" above.

As we are a small club, we often only have 1 team in this age group. This means that there will be a mix of ages in the team. We appreciate it can be daunting to see your 7 or 8 year old placed in a team with 9 year olds but NSG is designed to introduce players to the sport and gradually improve their skills in a fun and relaxed way. No scores are kept in NSG games.

Please see the guide to NSG for further information on the modified rules (yellow column).

<https://nsw.netball.com.au/sites/nsw/files/2022-02/Netball%20NSW%20-%20Woolworths%20NetSetGO%20Modified%20Rules%20Resource.pdf>

RNA have also adapted the above rules slightly & these can be found on their website.

You should also be aware that the umpires of NSG will coach the players as they umpire. E.g. If a player is standing too close (within 4ft) to the player with the ball, rather than pulling the defender out of play for obstruction, the umpire will remind them to move further away, "WD you are too close, take a step back." They might also pause the game if the players are too crowded to help them spread out.